

2026 Central States Chapter of the American College of Sports Medicine (CSACSM) Student Research Grants

The CSACSM offers a total of six Student Research Grants per year – two each at the undergraduate, masters, and doctoral level. These grants are meant to support students as they complete research in an ACSM-related field (e.g., exercise physiology, kinesiology, sports medicine) and progress toward their degree. Students will be required to name a mentor who will guide them through to project completion, with students asked to present in-progress or final observations at the 2026 CSACSM Annual Meeting. All Student Research Grants will undergo standardized review by three independent reviewers who will evaluate all components of the application, including but not limited to the proposed research project's: significance, innovation, approach, and feasibility. An overview of eligibility requirements and required application materials is provided below. Please direct any questions/comments to Zachary Pope (zachary-pope@ouhsc.edu).

Eligibility Requirements

1. The applicant is a current undergraduate, masters, or doctoral student at a university in Arkansas, Kansas, Missouri, or Oklahoma and will be a student during the entirety of the proposed duration of data collection.
2. The student is majoring in an ACSM related field (e.g., exercise physiology, kinesiology, sports medicine).
3. The student is a CSACSM student member at the time of grant submission.
4. The student's mentor is a CSACSM professional member at the time of grant submission.
5. The student can attend and present their research progress at the 2026 CSACSM Annual Meeting held in Tulsa, OK on February 26 and 27, 2026.

Award Amounts

Classification	Award Amount
Undergraduate	Up to \$500
Masters	Up to \$1000
Doctoral	Up to \$1500

Submission Deadline

Proposal submissions will be accepted until **5pm CST on July 1, 2025**. No exceptions, with late submissions not considered for funding. Submit each required application materials (see below) component using the following REDCap Submission Portal: https://redcap.link/csacsm_srg.

Required Application Materials

1. **Two Letters of Recommendation** (one being from the applicant's mentor) evaluating the applicant's potential to develop as a researcher/scholar.
2. **An Abstract** detailing the project with the following specific subheadings: **OVERVIEW, PURPOSE, METHODS, ANALYSIS**. This section should not exceed 1 page.
3. **A Grant Proposal** with the following specific subheadings: **OVERVIEW, INNOVATION, SPECIFIC AIMS, APPROACH, SIGNIFICANCE**. This section should not exceed 5 pages.
 - a. References should be included immediately following the Grant Proposal. No page limit.
 - b. A concise, detailed overview of all the study background, approach, and significance must be provided within the 5-page Grant Proposal. Inclusion of any appendices further detailing the study will disqualify the applicant from funding consideration. No exceptions.
4. **A Detailed Project Budget and Justification** should be provided. If the project's cost exceeds the grant funding limit, an explanation of what the grant will cover should be provided. You may not use this component of the proposal to further outline any study details. If included, the applicant will be disqualified from funding consideration.

5. All Student Research Grant application components must be drafted using Microsoft Word and follow these formatting guidelines: 12-point Times New Roman, 1-inch margins on all sides, and single-spaced.
 - a. Each document must be converted to a PDF before submission via the REDCap Portal.